



NATIONAL ART EDUCATION ASSOCIATION

BEFORE I THOUGHT... NOW I THINK!

TUESDAY, APRIL 26 | 7-8 PM ET

View panelist bios, conversation recordings, and more at www.arteducators.org/community/town-hall

Our April conversation will explore myths, discoveries, and “aha!” moments in visual arts, design, and media arts education that have shaped the perspectives and practices of our panelists. And, our conversation will be driven by questions asked by you! Get ready to share your revelations as an educator and receive new insight in return.



Maritza Mosquera

Artist & Art Educator
Office of Refugee Resettlement
Pittsburgh, PA



Krissy Ponden

Visual Arts Department Chair
The Unquowa School
Fairfield, CT

TIPS FOR RESHAPING PERSPECTIVE

- **Before:** Healing Art, **Now:** Art as Healer
- **Before:** Lover of Art, **Now:** Art as Lover
- **Before:** Art in the Universe, **Now:** Art as The Universe

GO-TO SUPPORT RESOURCES

- [Brian Swimme](#)
- [Chellis Glendinning](#)
- [Frida Kahlo](#)

SELF-CARE SHARE

I have recently found yoga and its deep, quiet spaces it finds in my body and soul. I believe that this and the daily routine of making art have really assisted me in focusing and moving forward in ways of being. Writing poems and journaling have also been key to deciphering my ideas in living, teaching, and making art. Teaching is healing..

TIPS FOR RESHAPING PERSPECTIVE

- Learn how to be comfortable with discomfort. We grow as educators when we recognize that we don't have all the answers and work to seek them out.
- Change is good! Tried-and-true lessons are wonderful, but there can be just as much learning for your students and yourself when you try something new (even if it doesn't work out).
- Focus on your strengths. What works for another art teacher may not work for you, and that's OK! We aren't all the same and that's a good thing.

GO-TO SUPPORT RESOURCES

- The [Anti-Racist Art Teachers](#) website.

SELF-CARE SHARE

I make time to remember who I was before I was a teacher, a mother, and a wife. I reach out to old friends, read a good book, and if I'm lucky, immerse myself in something totally impractical just for the fun of it. Lately it has been crocheting amigurumi.



Mary Ann Stankiewicz

Emerita Professor of Art Education
The Pennsylvania State University
State College, PA

TIPS FOR RESHAPING PERSPECTIVE

- Document your professional work and keep a comprehensive file of achievements.
- Update the format of your professional portfolio to keep up with changing technologies and make sure it remains accessible.
- Back up digital documentation of your professional work and save it in hard copy as well as on the cloud.

GO-TO SUPPORT RESOURCES

- *Steppingstones: Pivotal Moments in Art Education History* by Paul E. Bolin, Ami Kantawala, and Mary Ann Stankiewicz (Teachers College Press, 2021)
- *Developing Visual Arts Education in the United States: Massachusetts Normal Art School and the Normalization of Creativity* by Mary Ann Stankiewicz (Palgrave Macmillan, 2016)
- *Roots of Art Education Practice* by Mary Ann Stankiewicz (Davis, 2001)

SELF-CARE SHARE

I retired from university teaching in July 2019, reducing stress to some degree. I participate in two 90-minute yoga classes on Zoom each week, as well as a weekly coffee group. I do the *New York Times* mini-crossword puzzle and Wordle most days. I returned to baking bread, something I stopped doing more than 30 years ago when I had my children. I am knitting for my first grandson, due in mid-June, and read a lot of novels.

Find out more about NAEA Town Hall Conversations at www.arteducators.org/community/town-hall

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Professional Learning

WEBINARS

virtual.arteducators.org

Art educators worldwide are asking important questions and sharing ideas on Collaborate, NAEA's 24/7 online community!

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inspire and be inspired

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The NAEA Remote Learning Toolkit is a repository of resources to help visual arts educators navigate the changing education landscape.



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