



## STAY CONNECTED

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YouTube: NAEA Museum Education Division and NAEA Museum Education

## RESTING AND RESISTING: THE NAP MINISTRY

“Centering Care in the Art Museum” was the theme for the 2021 Museum Education Division PreConference.

The conference was held virtually on Tuesday, February 23 and Thursday, February 25, 2021, and there were more than 300 museum educators, students, and researchers in attendance from across the country. Participants had the opportunity to hear from Tricia Hersey, the keynote speaker, and learn more about the Nap Ministry. The Nap Ministry was founded in 2016, and it aims to focus on the importance and liberation of naps. Although the signature image on the website could be viewed as a form of performance art, the Nap Ministry facilitates immersive workshops by taking a deep dive into the symbolism of rest and how rest can be used as a tool to further community healing. On March 1, 2021, the Nap Ministry started a 2-month Sabbath, which includes a deep moment to process, rest, and imagine. Rest and detoxing can provide an opportunity to practice reconnecting, take a break from technology, slow down, and uplift silence. Hersey’s research interests include Black liberation theology, womanism, and cultural trauma. She holds a bachelor of science in public health from Eastern Illinois University and a master of divinity from the Candler School of Theology at Emory University. To learn more about the Nap Ministry visit <https://thenapministry.wordpress.com>. You can also follow along on all social media platforms at @thenapministry, and Hersey’s website is [www.triciahersey.com](http://www.triciahersey.com).

### PRECON ROUNDUP

PreConference for the Museum Education Division offered a variety of deep dive sessions, workshops, and small-group reflection sessions that were spread out over 2 days. During the deep dive workshop titled “Maintaining Com-

munity: Teaching Museum Studio Art Remotely,” Elizabeth Buck presented on what is needed to bring museum studio art programming online while still retaining the hallmark of museum education—inspiration from the museum collection.

“Prioritizing Visitor Voice,” led by Kris Stanec, used the concept of multiple narratives as an inclusive pedagogy for looking at art that prioritizes visitor voice. Creating a model toward an antiracist realm, Stanec used an art historical model that is anchored in the works of bell hooks, Kimberlé Crenshaw, and Bettina Love. According to Stanec,

multiple narratives activates visitors’ prior knowledge allowing them to share their own lived experiences, learning ultimately that they matter in our museums. This presentation begins with individual exploration of one’s own intersectional identities, then shares the multiple narrative questions with adaptations for different age groups and a hands-on project that can be done with materials at home.

“Starting With Self-Compassion and Moving Towards Collective Healing” was led by Jackie Armstrong, Laura Evans, Stephen Legari, Andrew Palamara, Ronna Tulgan Osteimer, and Emily Wiskera. In this session, participants were encouraged to connect with one another by sharing experiences, insights, and ideas relating trauma and museum education. Working within smaller groups, participants worked together to assess individual and collective needs, strengths, and challenges while simultaneously emphasizing trauma-aware principles, such as connection, compassion, and empowerment.



Illustration by Kume' Pather.

### MUSEUM DIVISION RESOURCES

**Peer2Peer** (aka P2P) was restarted over summer 2020 as a series of weekly casual virtual chats. Meetings are regular and topics change frequently. Please check our social media channels (listed below) for the next date and topic. Kylee Crook, Past Southeastern Representative, is leading the P2P program, so please connect with her to get more involved.

**Viewfinder** is the Museum Education Division’s online publication about the intersection of museum education and social justice. *Viewfinder* aims to engage colleagues in ongoing dialogues about socially engaged museum education work and is a resource dedicated to documenting the value of rigorous reflection. Contact *Viewfinder*’s editor in chief, Kabir Singh, if you’d like to be involved. We’re looking for authors, editors, and ideas for topics or themes.

### SOCIAL MEDIA

Our social media team posts on Twitter (@NAEAMusEd) and Facebook (@NAEAMuseumEdDiv) weekly, often a combination of Museum Education Division announcements along with other resources we find helpful, inspiring, and thought-provoking. This team is led by Jessica Fuentes and Allie Rogers Andreen. Join the online conversation and make new connections. ■



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